

TVMSSS ACTIVITIES FOR WOMEN

Self-employment Support

- Providing sewing machines, tailoring training, or petty shop items, etc.,
- Helps them earn daily income and regain dignity.
- Example: Sewing machine + 3-month training + cloth materials.

Women Self-Help Groups (SHGs)

- Encouraging widows to form groups and save Rs.200/-month.
- Group motivation reduces loneliness & exploitation.

Food & Nutrition Support

- Monthly Groceries Kit
- Rice, dal, oil, sugar, spices, hygiene products.
- Distributed door to door or at a center.
- Helps widows who cannot afford nutritious food.
- Mid-day Meal / Community Meal
- Daily or weekly cooked meal program.
- Organized through parish or community center.

Medical Support

- Free Medical Camps
- BP, diabetes, anemia checks.
- Medicine distribution.
- Health awareness sessions.
- Health Insurance Enrollment
- Immediate support for emergency hospital needs.

Emotional & Legal Support

- Counselling & Spiritual Guidance
- Personal trauma care.
- Prayer sessions, fellowship, motivation support.
- Legal Help

TVMSSS ACTIVITIES FOR CHILDREN

Educational Support

School Fees Support

1. Full or part sponsorship of tuition fees.
2. Especially helpful for orphans or single-parent children.
3. Free School Supplies
4. School bags, notebooks, geometry box, uniform, shoes.
5. Reduces drop-out rate among poor children.
6. Evening Study Centers
7. Tuition support, especially for: Rural poor, First-generation learners
8. Helps avoid child labor and increase academic performance.
9. Higher education support (college, diploma, nursing).

B. Nutrition Programs

1. Especially in schools for rural children.
2. Addresses malnutrition.
3. Nutrition Kits for Underweight Kids
4. Milk powder, dates, eggs, protein mix.

C. Health Support

1. Free Health Camps & Vaccination Drives
2. Eye camps, deworming, general check-up.
3. Vitamin and Iron supplements.
4. Health Awareness Programs
5. Focus on hygiene, hand washing, puberty education, etc.

D. Child Protection & Welfare

1. Rescuing School Dropouts
2. Identifying children working in:
3. Hotels
4. Workshops
5. Construction field
6. Re-enrolling in school.
7. Counselling & Mentoring

TVMSSS ACTIVITIES FOR SMALL FARMERS

A. Agricultural Support

- Distribution of Free Seeds & Saplings
- Quality paddy, millet, pulses, vegetable seeds.
- Fruit saplings (banana, papaya, guava).
- Farm Tools Assistance
- Sprayers, hoe, spade, drip pipes.
- Shared tools in village groups.
- Organic Farming Training
- Low-cost farming methods.

B. Financial & Market Support

- Low-Interest Microloans
- Helps them escape from money lenders.
- Used for fertilizers, irrigation, seeds.
- Direct Market Link Support
- Farmers' groups sell directly — avoiding middlemen.

C. Water & Irrigation Support

- Borewell / Motor Repair Help
- Group-level support to repair shared water systems.
- Small farmers often abandon land due to lack of water.
- Rainwater Harvesting Projects
- Percolation tanks
- Farm ponds
- Drip irrigation support

D. Social Empowerment

- Farmer Training Camps
- New technologies
- Climate-resilient farming
- Farmers' Cooperative Groups
- For collective buying & selling.
- Reduce cost & avoid exploitation.

Our Reach

1. 350 villages across 50 parishes in Tiruvannamalai District
2. 145 women's groups with 2,175 members
3. 40 farmers' groups with 545 members
4. 50 evening class study centers benefiting 1,175 children

Herewith we furnish **our Bank details** for your kind reference and supports.

Name and address of the bank :

STATE BANK OF INDIA

FCRA Cell, 4th Floor, 11, Sandad Marg,
New Delhi - 110001.

Branch Code : New Delhi Main Branch -00691

Account Holder:

TIRUVANNAMALAI SOCIAL SERVICE SOCIETY

Account Number : **40092089904**

SWIFT Code : **SBININBB104**